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Anatomy Kinesiology Flashcards

By Bryan K. Fillmore, Mark McKenna, Lynn Robert Perkes

Human Kinetics Publishers, United States, 2013. Cards. Book Condition: New. 116 x 78 mm. Language: English . Brand New Book. This is a 21st century sport that challenges both mind and body. With over 200 superior-quality illustrations, Anatomy Kinesiology Flashcards offer students and professionals a convenient way to learn the configurations and actions of musculoskeletal systems. Unlike other anatomy flashcards that offer only anatomical illustrations, Anatomy Kinesiology Flashcards cover all musculoskeletal structures and movements. The cards are broken down into 10 sections: shoulder girdle, shoulder joint, elbow joint complex, wrist and hand joints, neck and atlanto-occipital joints, back-spinal joints, abdominal and respiratory area, pelvic girdle and hip joint, knee joint, and ankle and foot joints. Each section begins with review cards showing the muscles acting on, joints of, and joint movements of that section. Anatomy Kinesiology Flashcards also include cards featuring key abbreviations, definitions of anatomical directional terminology, classification of joints, general anatomical movement terms and planes and axes of rotation for quick reference. The hand-sized cards are packaged with a holder so they can be easily transported and readily accessed.



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Reviews

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