



Everest - The First Ascent: The Untold Story of Griffith Pugh, the Man Who Made it Possible

By Harriet Tuckey

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Everest - The First Ascent: The Untold Story of Griffith Pugh, the Man Who Made it Possible, Harriet Tuckey, This is the winner of the outstanding General Sports Writing Award, British Sports Book Awards. It is the winner of the Boardman Tasker Prize. It is the winner of the Mountain & Wilderness Prize, Banff Festival. It is the winner of the Tony Lothian Award, Biographers' Club. For the first time, drawing upon previously unseen diaries and letters, rare archive material and interviews, Everest - The First Ascent tells the remarkable story of Griffith Pugh, the forgotten team member whose scientific breakthroughs ensured the world's highest mountain could be climbed. A doctor and physiologist, Griffith Pugh revolutionised almost every aspect of British high-altitude mountaineering, transforming the climbers' attitude to oxygen, the clothes they wore, their equipment, fluid intake and acclimatisation. Yet, far from receiving the acclaim he was due, he was met with suspicion and ridicule. His scientific contributions were, quite simply, at odds with old-fashioned notions of derring-do and the gentlemanly amateurism that dogged the sport. Later in his career, his impact in helping athletes enhance their performance lasts to this day...



Reviews

It in one of the most popular publication. We have read through and that i am sure that i will likely to study again once more later on. I am just delighted to tell you that this is actually the finest publication we have read through in my individual existence and might be he best pdf for actually.

-- Mr. Cloyd Schmidt II

Absolutely essential read through pdf. it was actually writtern extremely flawlessly and valuable. You will like how the writer publish this book.

-- Destin Leffler

Other eBooks



Summer the 25th anniversary of the equation (Keigo Higashino shocking new work! Lies and true Impenetrable(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: Unknown in Publisher: Modern Publishing Basic information Original Price: 28.00 yuan Author: Publisher: Modern Publishing ISBN: 9.787.514.307.542 Yema:...



The First Epistle of H. N. a Crying-Voyce of the Holye Spirit of Loue. Translated Out of Base-Almayne Into English. (1574) (Paperback)

Eebo Editions, Proquest, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now you can. Digitally preserved and previously accessible...



Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners

Fernhurst Books Limited. Paperback. Book Condition: new. BRAND NEW, Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners, Paul B. Boissier, Expert information for yachtsmen and professional mariners. This is the ideal book...



The Water Goblin, Op. 107 / B. 195: Study Score (Paperback)

Petrucci Library Press, United States, 2013. Paperback. Book Condition: New. 238 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****. The first of four late tone poems inspired by Bouquet, a collection of ballads by Karel Jaromir Erben...



Edge] the collection stacks of children's literature: Chunhyang Qiuyun 1.2 --- Children's Literature 2004(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2005 Pages: 815 Publisher: the Chinese teenager Shop Books all book. the genuine special part of the spot...



Genuine book Oriental fertile new version of the famous primary school enrollment program: the intellectual development of pre-school Jiang(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2012-09-01 Pages: 160 Publisher: the Jiangxi University Press Welcome Salan. service and quality to your satisfaction. please tell...