



The Gift of ADHD. 2nd edition.: How to Transform Your Child's Problems into Strengths

By Lara Honos-Webb. Foreword by Scott Shannon

New Harbinger Publications, 2010. Softcover. Book Condition: New. As a parent, you already know that your child has many gifts. What you may not know is that attention-deficit hyperactivity disorder (ADHD)-related symptoms--the very qualities that lead him or her to act out and distract others--may be among them. This second edition of *The Gift of ADHD* includes compelling new research indicating that the impulses that lead your child to act exuberantly may correspond with unusual levels of creativity and a heightened capacity for insight into the feelings and emotions of others. Could it be that ADHD is not a hindrance, but an asset in our fast-paced digital age? ADHD expert Lara Honos-Webb presents the evidence for this revolutionary concept and explains how you can help your child develop control over inattentive, hyperactive behavior and enhance the five gifts of ADHD: creativity, attunement to nature, interpersonal intuition, energetic enthusiasm, and emotional sensitivity. Filled with easy skill-building activities you and your child can do together, this book will help your child transform problematic symptoms into strengths, then build the self-esteem they need to let those gifts shine. Lara Honos-Webb, Ph.D., is a licensed clinical psychologist in private practice in Walnut Creek, CA....



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