



Succeed In Life

By Rupert Eales-White

Management Books 2000 Ltd, 2000. Paperback. Book Condition: new. BRAND NEW, Succeed In Life, Rupert Eales-White, Don't let the recession get you down. This inspirational new lifeskills guide shows how to be positive, successful, and happy in your personal life. Areas covered include: setting and achieving personal goals; understanding the role of the subconscious in directing our lives; managing memories; enhancing self-perception; developing personal competences; and, discovering hidden depths. Written in direct, motivational language, and attractively laid out in a user-friendly design, this book is an essential recession pick-me-up which will set readers back on their feet, and point them in the right direction to really start achieving all their personal goals. It is written by an established motivational author, with a foreword by well-known coach, counseller and agony aunt Keren Smedley.



Reviews

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