



# Psychology: A Self-Teaching Guide

By Frank J. Bruno

Wiley. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 9.1in. x 7.5in. x 0.7in. A complete course, from brain biology to abnormal psychology Hundreds of questions and many review tests Key concepts and terms defined and explained Master key concepts. Answer challenging questions. Prepare for exams. Learn at your own pace. What are the two basic psychological dimensions of emotions How do you define abnormal behavior Is extrasensory perception real What is Viktor Frankl known for With Psychology: A Self-Teaching Guide, you'll discover the answers to these questions and many more. Frank Bruno explains all the major psychological theories and terms in this book, covering perception, motivation, thinking, personality, sensation, intelligence, research methods, and much more. He presents the foundations of psychology and the biology of behavior; explores how children develop into adults and the psychological factors that make us individuals; and examines various mental disorders and the types of therapy used to treat them. The step-by-step, Q and A format of Psychology makes it fully accessible, providing an easily understood, comprehensive overview of the topic. Like the other popular Self-Teaching Guides, Psychology allows you to build gradually on what you have learned-at your own pace. Questions and self-tests reinforce the...



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